

To all students

Ruri Shoji, Vice President (Student Support, Public Relations)

Avoiding Coronavirus Infection Caused By Eating Together and Other Social Activities

Students have been called on to take steps to prevent coronavirus infection as described in the July 20 announcement [Regarding Measures for the Prevention of Covid-19 Infection When Attending Classes](#) (hereafter, "Measures to Prevent Infection") and others. **However, many recent clusters of infection have occurred at restaurants and similar places where students and young people gather. We have seen that among new infections, many of those infected are young people in or around their 20s. We also know that infection has been spread by eating together at restaurants, and this has included university students.**

For this reason, we ask that besides carefully avoiding the three Cs as usual, you keep the following in mind to prevent infection caused by eating with others and taking part in social activities.

1. Prevent infection when eating together and in other social activities

- Be careful to avoid the three Cs (closed or crowded places and close-contact settings).
- Avoid activities in large groups, such as eating, drinking, or traveling together.
- When eating with others at restaurants or other establishments, look for a posted sign that indicates compliance with health guidelines.
- Refrain from loud talking, singing, or cheering. (Avoid this kind of loud behavior at restaurants and karaoke or event venues, when watching sports, and so on.)
- Wear a mask, wash your hands, use sanitizer/disinfectant, and ensure adequate ventilation.
- Refrain from extracurricular club or circle activities that involve large social gatherings, eating together, or group accommodations.

Refer to [Gradual Lifting of Restrictions on Extracurricular Activities \(September 18, 2020\)](#).

2. Look out for yourself and protect your health

- Protect your own health by carefully following the preventative measures in [Measures to Prevent Infection](#) and other announcements.
- Be sure to use the [contact-tracing app COCOA](#) or others.
- Do not go on campus if you have any symptoms such as a fever (generally 37.5°C or higher), cough, difficulty breathing, fatigue, or abnormal sense of taste/smell. Refer to "How to respond if you display symptoms" on p. 3–5 of [Measures to Prevent Infection](#) and contact the Student Support Section of the Student Support Division, or the Student Support Section of the Etchujima Campus Administration Division accordingly. Do not return to campus until you receive approval from the university.

Inquiries (8:30–6:00 weekdays)

Shinagawa Campus

- Student Support Section, Student Support Division (03) 5463-0433
Email address: g-gaku(at)o.kaiyodai.ac.jp
- Etchujima Campus
- Student Support Section, Etchujima Campus Administration Division (03) 5245-7316
Email address: e-gaku(at)o.kaiyodai.ac.jp
Change (at) to @ when sending email.

Inquiries in case of infection (outside of regular hours or in emergencies)

Shinagawa Campus

(Guard station) 03-5463-0376

Etchujima Campus

(Guard station) 03-5245-7323